

## **CENTER FOR EQ & HR SKILLS**

Affiliated with Center for Congregational Health

### **EMOTIONAL INTELLIGENCE AND HUMAN RELATIONS TRAINING**

Course Description: This is an intensive and highly experiential one-week course, with the major amount of time being spent in small groups of 10 to 14 people with two experienced trainers in each group. As group life unfolds, participants are offered feedback on the impact they have on others in the group. Participants will learn both inter-personal and intra-group communication skills. The content of the course will focus on the five areas of emotional intelligence listed below as keys to improving leadership effectiveness for church leaders.

As part of this workshop participants will be asked to complete a comprehensive survey on emotional intelligence. They will also be asked to identify up to 20 people who know them well and who would be willing to complete the same survey on them. What results is a 25 page printout of one's EQ. This will be for the participant's eyes only and will provide possible personal items to be explored in one's small group. The cost of this survey is \$174.00 and it is included in the tuition fee. Past participants have described this workshop as a life changing event in their lives

#### **Workshop Outcomes**

- Improved awareness of concepts of emotional intelligence and the impact of emotional intelligence on the participant and all with whom he or she interacts (as identified by each participant in a private coaching session in response to their EQ 360 degree survey).
- Improved ability to identify, articulate, and reflect on various phenomena of group life and group process
- Improved ability to work effectively in groups
- Increased skills in pastoral leadership for lay and clergy
- New awareness of the importance of constructive behavioral information about self and others as leaders
- Heightened awareness of the presence of God's Spirit in group life and ability to identify and reflect on that presence
- Recognition of the redemptive possibilities within groups

#### **UPCOMING WORKSHOPS FOR 2010**

**April 26-30, 2010 - Austin Presbyterian Seminary, Austin TX.** Tuition is \$775 (cost of the EQ assessment of \$174 included). Rooms and meals – Single room \$430, Double room \$330. Please register by April 5 by contacting Robin Danner at [congreg@wfubmc.edu](mailto:congreg@wfubmc.edu) or call 336 716-9722. Robin will not be handling room and meals. For that, please be in touch with Lou Snead, 512 444 1314 or [lpastor@austin.rr.com](mailto:lpastor@austin.rr.com)

**June 14-18, 2010 – General Theological Seminary, New York City.** Tuition is \$775 (cost of the EQ assessment of \$174 included.) Lodging: Tutu Center, next to the seminary, \$219 per night. Leo House, within walking distance \$100-\$120 depending upon private bath or shared bath. Hotel Chelsea, within walking distance \$132 -\$200 depending upon room with bath or shared bath. Seafarers House, requiring one to take

a subway to the seminary, \$85-\$135 depending upon room with bath or shared bath. Meals are taken on your own at a variety of restaurants near the seminary. Please register by May 10 by contacting Robin Danner at [congreg@wfubmc.edu](mailto:congreg@wfubmc.edu) or calling 336 716 9722

**August 23-27, 2010 - Louisville Presbyterian Seminary, Louisville, KY.** Tuition is \$775 (cost of the EQ assessment of \$174 included). Lodging costs are \$80.00 per night for a single room or \$320.00 for the workshop. Meals will be purchased at the seminary refectory with very reasonable prices. Please pre-register by August 2 by contacting Barbara Holder, [eg-hrctr@myactv.net](mailto:eg-hrctr@myactv.net), or calling 301 432 8933

**November 9-11, 2010 - St. Francis Retreat Center, DeWitt, MI.** tuition is \$425 plus \$174 for cost of the EQ assessment. Room and meals \$70 per day. Please pre-register by October 16 by contacting Barbara Holder, [eg-hrctr@myactv.net](mailto:eg-hrctr@myactv.net), or calling 301 432 8933.

**February 7-9, 2011, CHURCH EXECUTIVES WORKSHOP,** Duncan Center, Delray Beach, Florida. Tuition \$575 (cost of the EQ assessment of \$174 included) Food and Lodging costs: \$275.00. To register contact Barbara Holder [eg-hrctr@myactv.net](mailto:eg-hrctr@myactv.net) or calling 301 432 8933

**Faculty:**

Roy M. Oswald, Executive Director: Center for EQ-HR Skills, Senior Consultant with Alban Institute for 31 years. 301 432 2616, [Roymoswald@aol.com](mailto:Roymoswald@aol.com)

Jackie Bahn-Henkelman, Ph.D. Dean of Trainers: Center for EQ-HR Skills, Coach, Trainer, Consultant for the United Nations for 21 years. She is a Lay leader in the United Church of Christ. Additional professional Center trainers as needed.

**Center for Emotional Intelligence and Human Relations Skills Training**

Our mission is to equip leaders within faith based organizations with skills that enhance their leadership abilities by developing emotional intelligence competence, building human relations skills, and providing coaching support.

The following is an overview of the four general areas of emotional intelligence.

<b>INTRA-PERSONAL</b>	<b>INTER-PERSONAL</b>
<b>STRESS MANAGEMENT</b>	<b>ADAPTABILITY</b>
<b>GENERAL MOOD</b>	

